

**Announcements**

- This week we will cover HWMR Exodus Message 40 “The Three Tabernacles”.
- The weekly ministry webcast will be held on Wednesday in the following homes:
  - Andy Wu - Redmond 206 617 7767
  - Smith - South Bellevue 206 914 3447
  - Lancaster - Bothell 425 482 4499
  - Horace Wang - Somerset 425 653 2249 (Chinese language)
- There will be a change in the schedule for children. Children will be received at 9:30 in the multipurpose room. Opening singing will be 10:00 to 10:30. Children will go to their classrooms after the break.
- Please fill out the service sign-up sheet and place in the box on the counter.
- Main Hall cleaning - Young People
- Second floor/entry area cleaning - Overlake

**Schedule**

- Saturday breakfast 8:30am
- Wednesday ministry webcast 7:30 pm
- Bible distribution at Bellevue college September 27 & 28
- High School Retreat at Lakeside September 30- October 2
- Thanksgiving Day conference in San Jose November 24-27

**Burdens for Prayer**

- |             |                                   |
|-------------|-----------------------------------|
| • Retreat   | • Bellevue College                |
| • Elections | • Gospel to the nations in Europe |

<b>This Week:</b> September 19 - 25		
<b>Morning Revival:</b> <i>The Holy Word for Morning Revival: The Crystallization-Study of Exodus week 40</i>		
Hall Cleaning: Downstairs – Team 6 (Young People) Upstairs – Overlake		
<b>Tuesday</b>	7:30 pm	Corporate prayer at meeting hall
<b>Wednesday</b>	10:00 am	Sisters' prayer meeting
	7:30 pm	Ministry Webcast
<b>Saturday</b>	8:30 am	Breakfast
<b>Lord's Day</b>	9:30 am	Lord's Table

### **Ministry Reading Portion**

Basic Lessons on Service

## **Lesson 3**

### **The Lord's Table Meeting**

#### **c. By Eating the Bread**

##### **1) To Enjoy the Lord as Our Life Supply**

In John 6:35a the Lord told us that He is the bread of life, so to eat the bread is to enjoy the Lord as our life supply. Breaking the bread does not imply any enjoyment, but eating the bread surely does.

##### **2) To Testify That We Live by the Lord**

We also eat the bread to testify that we live by the Lord. In John 6:57b the Lord said, "He who eats Me, he also shall live because of Me." By eating the bread we indicate that we enjoy the Lord and we testify that this is our way to live. This is the real remembrance of the Lord.

##### **3) To Have Fellowship in Christ's Mystical Body**

The next crucial point concerning our remembrance of the Lord is our eating the bread to enjoy the fellowship in Christ's mystical Body. The breaking of the bread mainly implies the Lord's physical body broken for us on the cross. Eating the bread, which is to take in the bread, mainly implies the fellowship in the mystical Body of Christ (1 Cor. 10:16b-17). The same bread, the same loaf on the table, signifies the physical body of Christ and the mystical Body of Christ. The Lord's physical body was

broken on the cross for our redemption, and the Lord's mystical Body, the Body of Christ, is for our fellowship. Regarding the Lord's physical body, we break the bread, and regarding His mystical Body, we eat the bread. Eating together means communion, fellowship. A part of the same bread gets into you, a part gets into me, and a part gets into each one of us. This is the oneness in the Body in the fellowship of the Body.

We need to spend time on this point, especially for the sake of the new ones and young ones among us. First, the bread on the table signifies the Lord Jesus' physical body He gave for us on the cross. This is the bread which we break. Second, the bread also signifies the Lord's mystical Body, which is composed of all the saved believers. When the Lord Jesus was on this earth, He was a grain of wheat (John 12:24). But today He is no longer merely a single grain of wheat. He is the bread composed of the many grains, including Himself. Thus, to eat the bread implies that we are participating in the mystical Body of Christ, comprising all the saints, that is, we are fellowshiping with all the saints universally from ancient times until today. We need to see that the remembrance of the Lord at His table implies His redemption, His Body, and His entire New Testament economy.

#### **d. By Drinking the Cup**

We also remember the Lord by drinking the cup (1 Cor. 11:25).

#### **1) To Review the Redemption of the New Covenant**

Our drinking the cup is to review the redemption of the new covenant. For this point it would be good to read Matthew 26:27-28: "And He took a cup and gave thanks, and He gave it to them, saying, Drink of it, all of you, for this is My blood of the covenant, which is being poured out for many for the forgiveness of sins."

#### **2) To Receive God's Blessing**

To eat the bread is to receive life; to drink the cup is to receive blessing. In the Bible, the bread is called the bread of life (John 6:35a) and the cup is called the cup of blessing (1 Cor. 10:16a). Thus, to eat the bread means to receive the life supply and to drink the cup means to receive the blessing.

The cup indicates a portion—either a portion of wrath or a portion of blessing. If we are condemned under God's judgment, the cup is a portion of wrath to us (Rev. 14:10). If we are forgiven and redeemed, the cup is a portion of blessing to us. The Bible does not say that we drink the blood

but that we drink the cup. This means that the redeeming blood of the Lord Jesus becomes our cup, our portion.

When we drink the cup, we not only review the redemption of the new covenant but also receive God's blessing. This blessing is God Himself. Adam's fall caused man to lose God, but Christ's redemption brings God back to man. The losing of God in man's fall was the greatest loss. Now our gaining God back in Christ's redemption is the unique blessing. The cup as a portion is God Himself as the unique blessing to us.

Through this fellowship we can see how much the Lord's table implies. To remember the Lord is not merely to remember how He was God and how He became a man. To remember the Lord is to break the bread, to eat the bread, and to drink the cup in the reality of all their deep significances.

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Bible Reading Schedule with Footnotes	
Lord’s Day, September 18 <sup>th</sup>	2 Sam. 8:1-9:13
Monday, September 19 <sup>th</sup>	2 Sam. 10:1-11:27
Tuesday, September 20 <sup>th</sup>	2 Sam. 12:1-31
Wednesday, September 21 <sup>st</sup>	2 Sam. 13:1-39
Thursday, September 22 <sup>nd</sup>	2 Sam. 14:1-33
Friday, September 23 <sup>rd</sup>	2 Sam. 15:1-16:23
Saturday, September 24 <sup>th</sup>	2 Sam. 17:1-18:33